

Teamwork Therapies NEWSLETTER

January 2024

Issue No.28



Stay up to date throughout the month and follow our blog and on our social media accounts!

Follow us at:

TeamworkTherapies.com
& @TeamworkTherapies

NEW YEAR, NEW LOOK, SAME TEAM

We may be revamping our style, but our newsletter will still be jam packed with updated news about all of our clinics and tips and activities directly from our clinicians!

Last year, Teamwork Therapies made great strides in expanding. We welcomed 10 amazing new clinicians. Most recently, we've welcomed two new CF-SLPs, Lexi Meyer and Celeste Hinojosa. We also opened a new location in Stockton, CA.

This year, we are exploring ways to provide special interest classes and groups led by our licensed clinicians. If you and your child would be interested in classes, please fill out our survey here and be on the look out for updates and classes we're offering in the near future!



This Month



Happy Birthday to our very own Pearl Tang (1/30)!



Our offices are closed on Monday, Jan. 1st, New Years Day

Reminders:

Please let your therapist know of any holiday plans in order to reschedule.

scan for survey



CLINIC HIGHLIGHTS FROM DECEMBER



OT ACTIVITY: HAIRCUT TIPS

Kick off the new year with a new haircut! Here are some environmental strategies to help your little one during their next haircut:

- Seek a place that has booths with closing doors to help reduce sensory input
- Look for a hairstylist who is patient and has experience with children who have sensory processing difficulties (call the place ahead of time and ask about their experience)
- Make a practice visit a day or two before the appointment (see if you can meet the stylist in advance)

For the full handout check out our blog:
<https://teamworktherapies.com/tips-for-haircutting/>



ST ACTIVITY: PINECONE FARM

Go outside to hunt pinecones! Give your child a description of each pinecone you find, based on color, texture, or size using short simple words/phrases. Model key words such as, "look, find, pointy, soft, brown, yellow, red."

Once you've found your pinecones, you can paint your own personal forest of pinecones!

ILLNESS PREVENTION POLICY

In order to keep our clinicians, staff and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing fever, cough, runny noses, vomiting or any other symptoms of illness.

Please call the front office at (925) 399-5796 for Pleasanton or (209) 237-2484 for Tracy to reschedule your appointment.

